

TORTURED SOUL

Psalm 38

- I. A soul can go through war.
 - a. Sin wages war against the soul (1 Peter 2:11)
 - b. David was affected by Sin. (Psalm 38:3-5)
 - c. We remain tortured by lies we believe. (John 8:44)

- II. If you feel tortured ...Worship. (Psalm 38:9-10,15, 21-22)
 - a. Be transparent and look to God
 - b. In Everything Give Thanks. (1 Thess 5:18)
 - c. God is the overseer of your soul (1 Peter 2:24-25)
 - i. Jesus wants your soul.
 - d. Confess in Worship (Psalm 38:2-4, 18)
 - e. Don't believe lies. Seek truth. (Psalm 38:19-20)

- III. Recognize how we treat the Soul of one being tortured.
 - a. David says His friends avoided him in the pain because it made him uncomfortable. (Ps.38:11)
 - i. The word wounds or sore can be translated as Diseased
 - b. Throughout this Psalm David records the difference between His weakness and the strength of his Enemies.
 - i. Confident that the Lord had forgiven him, he closed his prayer with three requests. Be with me (v. 21) is answered by Deuteronomy 4:31 and 31:6, 8 and Hebrews 13:5. Be near me (v. 21) finds its answer in 16:8; 34:18; and James 4:8. Be for me and help me (v. 22)